

Section 4.04 Time Trial Records

(a) Men

• Rt.96 Catatunk 10 mile

Eric Johnson- 22:51 (1987)
Paul Pisani- 22:04 (1Jul87)
David Rosher- 21:42 (4 Jul89)
David Rosher- **21:16** (4Sep90)

• Rt.17c Owego 10 mile (Course B- modified in 1997)

Nate Seymour- 22:28 (10Jun97)
Nate Seymour-21:54 (12Aug97)
Doug Ollerenshaw (Health Net –Maxxis)- 21:15 (9Jun05)
Mike Jones (Health Net –Maxxis)- **20:33** (9Jun05)

• Rt.17c Tioga Center 25 mile

David Rosher- 56:37 (11Aug88)
Ed Dull- 56:12 (12Sep89)
David Rosher- 55:43 (14Aug90)
Nate Seymour- 55:00 (10Sep96)
Nate Seymour- **54:51** (13May97)

• Halsey Valley 40 Kilometers

Todd Sherwood **57:58** (28Jun07)

• Rt. 38 Owego 10 mile (post-1997)

Jeff Poulin- 26:00 (1Apr97)
Joe McDonald, Jr.- 24:32 (6 May97)
Tom Wilber- 23:32 (3Jun97)
Joe McDonald, Jr.- 22:36 (1Jul97)
Nate Seymour- 21:44 (1May01)
Nate Seymour- **21:25** (7Aug01)

• Rt.38B hilly 10 mile

Eric Johnson- 25:00 (26Aug87)
Paul Pisani- 24:43 (27Sep88)
David Rosher- 24:33 (25Jul89)
David Rosher- 24:05 (28Aug90)
Mike Jones- **23:26** (15May03)

• Rt.79 Chenango Forks 20k

David Rosher- 27:24 (29Aug89)
Nate Seymour- 26:46 (29Aug95)
Joe McDonald Jr.- 26:41 (28Jul98)
Nate Seymour- **26:37** (26Jun01)

• Rt. 369 –Port Crane -10 mile

Nate Seymour- 21:57 (11May99)

• Rt. 369-Port Crane- 20 mile

Todd Kapeghian - 50:15 (15Aug03)
Pat Kapinus - 47:34 (22Jun04)
Harold Peeling – 47:05 (26May05)
Todd Sherwood – 47:02 (24 May07)
Todd Sherwood – **46:23** (15Jun07)

• Rt. 26 –Dorchester 20 Kilometer

Pat Kapinus - 29:27 (22Aug06)
Todd Sherwood **28:45** (21Jun07)

• Rt. 26 –Dorchester 31 Kilometer hilly

Chuck Rhoades- **48.02** (02Jul15)

• Rt.11- Lisle- 20 Kilmoeters

Chuck Rhoades- 29.28 (20Aug15)
Jamie Hoyt- **28.10** (28Jun16)

• Windsor Rt 79 10 mile

Chuck Rhoades- 31.46 (3May16)
Andrew Williams- **24.09** (1Aug17)

• Windsor Rt 79 20 mile

Chuck Rhoades- **53.25** (6Aug15)

HILL CLIMBS

• Tracy Creek Hill TT (10 km)

Tom Wilber- 21:12 (24Sep98)
Mike Jones- 19:48 (19Sep00)
Mike Jones- **18:39** (17Sep02)

• McLean Hill TT

Bob Bowen- 9:16 (Oct87)
Michael Tacci- 8:46 (1988)
David Rosher- 8:40 (1990)
Mike Jones- **8:11** (26Sep00)

• Underwood Hill Climb (Mass Start) (From sign before bridge)

Bob Bowen- 9:16 (Oct87)

• Underwood Hill Climb (Mass Start) (Standard 1999 course)

Jeff Poulin- 11:38 (30Sep99)
Jeff Poulin- 10:48 (28Sep00)
Mark Rando- 10:12 (1Oct02)
Dave Yacobelli- **9:48** (22Sep09)
Phil Maynard- 9:48 (26Sep17)

RETIRED COURSES

• Rt.17c Owego 10 mile (Course A) no longer used

David Rosher- 21:57 (19Jul89)
David Rosher- 21:46 (18Sep90)
Nate Seymour- 21:44 (8Aug95)
Nate Seymour- 21:31 (13Aug96)

• Rt. 38 Owego 9.6 mile (pre-1997) no longer used

Nate Seymour, 22:19 (3Aug93)
Nate Seymour, 21:09 (1Aug95)

• OLD TVC Champ Course-Oak hill (21 mile)

Dan Kane- 53:20 (6Sep97)
Tom Wilber- 52:20 (1Sep98)
Mike Jones- 51:31 (29Aug00)
Mike Jones- 51:28 (10Jul01)
Nate Seymour- 49: 51 (28Aug01)

(b) Women

• Rt.96 Catatonk 10 mile

Karla Eisch- 25:09 (3Sep86)

Doreen Makoske- 24:39 (1990)

Shelley Reynolds- 24:19 (13Jul99)

Shelley Reynolds- 24:17 (25May04)

• Rt.17c Owego 10 mile (Course B- modified in 1997)

Christa Winslow- 25:57 (10Jun97)

Christa Winslow- 25:28 (11Aug98)

Shelley Reynolds- 24:42 (11Jul00)

• Rt.17c Tioga Center 25 mile

Karla Eisch- 1:06:34 (1987)

Doreen Makoske- 1:02:51 (1990)

Shelley Reynolds- 1:02:45 (21Jul05)

• Halsey Valley (40 Kilometers)

Marsha Kapinus - 67:41 (28Jun07)

Shelley Reynolds - 65:41 (8Jul08)

• Rt. 38 Owego 10 mile (post-1997)

Karen Holm- 35:31 (1Apr97)

Christa Winslow- 29:54 (6May97)

Christa Winslow- 28:50 (3Jun97)

Shelley Reynolds- 26:40 (1Jul97)

Christa Winslow- 26:07 (5May98)

Suzanne Myette- 25:21 (7Jul98)

Shelley Reynolds- 25:08 (4Aug98)

Shelley Reynolds- 24:39 (1Jun99)

Shelley Reynolds- 24:34 (1Jun04)

Shelley Reynolds- 24:11 (3Aug04)

• Rt.38B hilly 10mile

Debra Wilcox- 29:21 (1988)

Doreen Makoske- 28:40 (1990)

Suzanne Myette- 28:13 (16Jun98)

Shelley Reynolds- 27:55 (25May04)

• Rt.79 Chenango Forks 20k

Christa Winslow- 32:03 (26May98)

Shelley Reynolds- 31:40 (28Jul98)

Suzanne Myette- 31:09 (25Aug98)

Shelley Reynolds- 31:06 (25May99)

Suzanne Myette- 30:55 (22Jun99)

Shelley Reynolds- 30:35 (27Jun00)

• Rt. 369 10 mile

Shelley Reynolds - 25:12 (11May99)

• Rt. 369 20 mile

Marsha Kapinus - 55:34 (15Aug03)

Debby Sprankle-Rohn - 55:19 (22Jun04)

Shelley Reynolds - 51:43 (23May06)

Shelley Reynolds - 50:47 (09Aug07)

• Rt. 26 Dorchester 20 Kilometer

Marsha Kapinus - 33:54 (22Aug06)

Shelley Reynolds - 31:21 (21Jun07)

• Rt. 26 Dorchester 31 Kilometer hilly

Marsha Kapinus - 59:33 (02Jul15)

• Rt.11- Lisle- 20 Kilmometers

Karla Eisch- 35:59 (20Aug15)

Marsha Kapinus- 34:44 (9Aug16)

• Windsor Rt 79 -10 mile

Kara Gorgos- 28:05 (1Aug17)

• Windsor Rt 79- 20 mile

HILL CLIMBS

• Tracy Creek Hill Climb (10 km)

Karla Eisch- 27:47 (24Sep98)

Karla Eisch- 26:27 (18Sep01)

Marsha Kapinus- 25:08 (17Sep02)

• McLean Hill Climb

Karla Eisch- 13:13 (26Sep00)

Karla Eisch- 12:05 (26Sep01)

Marsha Kapinus- 11:44 (24Sep02)

Karl Eisch- 11:32 (22Sep05)

• Underwood Hill Climb (Standard 1999 course)

Marsha Kapinus- 13:50 (1Oct02)

Marsha Kapinus- 12:45 (30Sep03)

RETIRED COURSES

• Rt.17c Owego 10 mile (Course A)

Karla Eisch- 26:43 (1987)

Debra Wilcox- 26:40 (1988)

Doreen Makoske-25:19 (1990)

• TVC Champ Course Oak Hill (21 mile)

Christa Winslow- 59:07 (6Sep97)

Christa Winslow- 57:32 (1Sep98)

Shelley Reynolds- 57:22 (10Aug04)

• Underwood Hill Climb (unknown course)

Elaine Buckthal- 15:29 (1988)

Section 4.05 Time Trial Champions

(a) Male

- 1997- Tom Wilber
- 1998- John Hover
- 1999- John Hover
- 2000- Todd Kapeghian
- 2001- Todd Kapeghian
- 2002- Todd Kapeghian
- 2003- Todd Kapeghian
- 2004- Pat Kapinus
- 2005- Harold Peeling
- 2006 – Pat Kapinus
- 2007 – Todd Sherwood
- 2008 – Todd Sherwood
- 2009 – Todd Sherwood
- 2010– Todd Sherwood
- 2011– Dave Yacobelli
- 2012–Chuck Rhodes
- 2013–Chuck Rhodes
- 2014–Chuck Rhodes
- 2015–Chuck Rhodes
- 2016–Harold Peeling
- 2017– Harold Peeling

Section 4.05 Time Trial Champions

(b) Female

- 1998- Christa Winslow
- 1999- Sue Myette
- 2000- Dawn Fox
- 2001- Karen Holm
- 2002- Karla Eisch
- 2003- Marsha Kapinus
- 2004- Shelley Reynolds
- 2005- Gina Elsner
- 2006 – Marsha Kapinus
- 2007 – Shelley Reynolds
- 2008 – Rebecca Hemzik
- 2009 – Shelley Reynolds
- 2010 – Marsha Kapinus
- 2011 – Angela Ott
- 2012 – Marsha Kapinus
- 2013 – Karen Holm
- 2014 – Maria Salva
- 2015 – Karla Eisch
- 2016 – Marsha Kapinus
- 2017 – Marsha Kapinus

Section 4.06 Singer Prestige Points Champions

- 1986- Reuben Smith
- 1987- Mike Haney
- 1988- Bob Bowen
- 1989- Mike Tacci
- 1990- Lee Welch
- 1991- Bob Bowen
- 1992- Neil Myers
- 1993- Matt Howey
- 1994- Rich Harris
- 1995- Tim Tobbe
- 1996- Todd Kapeghian
- 1997- Steve Krisko
- 1998- Tim Tobbe

Discontinued in 1999-

Section 4.07 Road Race Champions (Men)

- 1993- David Rosher
- 1994- Rich Harris
- 1995- Mitch James
- 1996- Todd Kapeghian
- 1997- Steve Krisko
- 1998- Mark Rando
- 1999- Mitch James
- 2000- Todd Kapeghian
- 2001- Mike Jones
- 2002- Andrew Van Kuren
- 2003- Andrew Van Kuren
- 2004- Andrew Van Kuren
- 2005- Dan Kane
- 2006- Todd Kapeghian
- 2007- Sergey Shteyn
- 2008 – Mike Grygus
- 2009 – Mike Grygus
- 2010 – Dave Yacobelli
- 2011 – John Hunter
- 2012 – Dave Yacobelli
- 2013 – Dave Yacobelli
- 2014 – Dave Yacobelli
- 2015 – Dave Yacobelli
- 2016 – Dave Yacobelli
- 2017 – Jim Elsner

Section 4.08 Sprint Champions (Men)

- 1993- David Rosher
- 1994- Rich Harris
- 1995- Dave Panella
- 1996- Todd Kapeghian
- 1997- Steve Krisko
- 1998- Mitch James
- 1999- Dan Kane
- 2000- Jim Elsner
- 2001- Mike Jones
- 2002- Andrew Van Kuren
- 2003- Andrew Van Kuren
- 2004- Andrew Van Kuren
- 2005- Dan Kane
- 2006- Todd Kapeghian
- 2007- Adam Farabaugh
- 2008 – Mike Grygus
- 2009 – Dave Yacobelli
- 2010 – Dave Yacobelli
- 2011 – John Hunter
- 2012 – Dave Yacobelli
- 2013 – Dave Yacobelli
- 2014 – Dave Yacobelli
- 2015 – Dave Yacobelli
- 2016 – Andrew Williams
- 2017 – Mike Jones

Section 4.09 King of the Mountains- KOM

- 1993- David Rosher
- 1994- Tim Harris
- 1995- Andrew VanKuren
- 1996- Andrew VanKuren
- 1997- Tom Wilber
- 1998- Mark Rando
- 1999- Mark Rando
- 2000- Mike Jones
- 2001- Mike Jones
- 2002- Todd Kapeghian
- 2003- Dan Kane
- 2004- Mark Rando
- 2005- Todd Kapeghian
- 2006- Todd Kapeghian
- 2007- Sergey Shteyn
- 2008 – Mike Grygus
- 2009 – Mike Grygus
- 2010 – Dave Yacobelli
- 2011 – John Hunter
- 2012 – Dave Yacobelli
- 2013 – Dave Yacobelli
- 2014 – Dave Yacobelli
- 2015 – Dave Yacobelli
- 2016 – Dave Yacobelli
- 2017 – Mike Jones

Section 4.10 Road Race Champions (Women)

- 2000- Dawn Fox
- 2001- Carrie Peeling
- 2002- Marsha Kapinus
- 2003- Marsha Kapinus
- 2004- Karla Eisch
- 2005- Karla Eisch
- 2006- Karla Eisch
- 2007- Carrie Peeling
- 2008 – Laura Lamash
- 2009 – Heather Ludwig
- 2010 – Marsha Kapinus
- 2011 – Karla Eisch
- 2012 – Delana Spaulding
- 2013 – Delana Spaulding/Karen Holm-tie
- 2014 – Delana Spaulding
- 2015 – Karla Eisch
- 2016 – Karla Eisch
- 2017 – Elizabeth Birch

Section 4.11 Sprint Champions (Women)

- 2001- Carrie Peeling
- 2002- Marsha Kapinus
- 2003- Marsha Kapinus
- 2004- Carrie Peeling
- 2005- Karla Eisch
- 2006- Karla Eisch
- 2007- Carrie Peeling
- 2008 – Laura Lamash
- 2009 – Heather Ludwig
- 2010 – Marsha Kapinus
- 2011 – none participated
- 2012 – Delana Spaulding
- 2013 – Delana Spaulding
- 2014 – Delana Spaulding
- 2015 – Karla Eisch
- 2016 – Karla Eisch
- 2017 – Kara Gorgos

Section 4.12 Queen of the Mountains- QOM

- 2001- Gina Calogero
- 2002- Gina Calogero
- 2003- Carrie Peeling
- 2004- Carrie Peeling
- 2005- none participated
- 2006- Karla Eisch
- 2007- Karla Eisch
- 2008 – none participated
- 2009 – Heather Ludwig
- 2010 – Marsha Kapinus
- 2011 – none participated
- 2012 – Delana Spaulding
- 2013 – Delana Spaulding
- 2014 – Delana Spaulding
- 2015 – Karla Eisch
- 2016 – Karla Eisch
- 2017 – Elizabeth Birch

Section 4.13 Men’s “A” Combined RR+TT Points Champion

- 1999- Jeff Poulin
- 2000- Todd Kapeghian
- 2001- Todd Kapeghian
- 2002- Todd Kapeghian
- 2003- Todd Kapeghian
- 2004- Todd Kapeghian
- 2005- Todd Kapeghian
- 2006- Todd Kapeghian
- 2007- Todd Sherwood
- 2008 - Todd Sherwood
- 2009 - Andrew Williams
- 2010 - Todd Sherwood/Dave Yacobelli-tie
- 2011- Todd Sherwood/Chuck Rhoades- Tie
- 2012- Chuck Rhoades
- 2013- Chuck Rhoades
- 2014- Chuck Rhoades
- 2015- Chuck Rhoades
- 2016- Andrew Williams
- 2017- Andrew Williams

Section 4.14 Men’s “B” Combined RR+TT Points Champion

- 1999- Brian Beach
- 2000- Steve Harvey
- 2001- Bob Bresee
- 2002- Paul Palmer
- 2003- John Fricano
- 2004- Ryan Riegle & Paul Speranza
- 2005- Dan O’Brien
- 2006- Lloyd Campbell
- 2007- Lloyd Campbell
- 2008 - Jeff Cebula
- 2009 - Elliott Wagner
- 2010 -Bruce Lessard
- 2011- Bruce Lessard
- 2012- Jeff Cebula
- 2013- Alan Colosi
- 2014- Steve Scott
- 2015- Harold Peeling
- 2016- Bruce Lessard
- 2017- Steven Gorgos

Section 4.15 Women’s Combined RR+TT Points Champion

- 2001- Karen Holm
- 2002- Marsha Kapinus
- 2003- Marsha Kapinus
- 2004- Karla Eisch
- 2005- Karla Eisch
- 2006- Karla Eisch
- 2007- Karla Eisch
- 2008- Rebecca Hemzik
- 2009- Heather Ludwig
- 2010- Marsha Kapinus
- 2011- Karla Eisch
- 2012- Delana Spaulding
- 2013- Karen Holm
- 2014- Karla Eisch
- 2015- Karla Eisch
- 2016- Karla Eisch
- 2017- Marsha Kapinus